### Education 173

# Cognition and Learning in Educational Settings

### Behaviorism

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# What is Learning? Two Answers.

- A Change in Behavior
  - Or the capacity to behave
  - That is relatively enduring
  - And not primarily developmental.

—or—

- A Change in the Mind
  - Manifest as a new information-processing canability
  - That is presumably stored the brain
  - And inferred from behavior.

### What is Behaviorism?

- The theory that human or animal activity can be understood through studying behavior alone, without reference to "mental" qualities, such as knowledge, desires, or goals.
- Two Kinds of Behaviorism
  - Classical Conditioning
  - Operant Conditioning

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# Pavlov: Classical Conditior



- Conditioning Means Learning (in Behaviorism)
- · Classical Conditioning is Stimulus Substitution
  - Unconditioned Stimulus (food) produces an Unconditioned Response (salivation)
  - Conditioned Stimulus (bell) produces a Conditioned Response (salivation)
- Stimulus Generalization (to other similar bells)
- Stimulus Discrimination (but not all bells)
- Classical Conditioning Explains Only Simple Behavior, Such as Emotional Reactions

### John B. Watson

- Pushed Behaviorism as the Only Legitimate Form of Psychology
  - circa 1920
- · Little Albert
  - Learned to fear a white rat when paired with a loud noise
  - His fear generalized to a
    - rabbit, dog, and fur coat
- Watson Believed Strongly in the Effects of Experience (Nurture) on Development
  - "Give me a dozen healthy infants"
- · Watson Inspired Skinner



# Edward L. Thorndike

- · Another Behaviorist
- One of the First Educational Psychologists
- Believed in the Advancement of Education and Psychology Through Scientific Research

# Thorndike's Experiment

- · Trial and Error Learning
  - Puzzle box: Can the cat escape?
  - Yes, but only by accident (at first)
- · Thorndike's Law of Effect
  - A behavior is more likely to recur if followed by a "satisfying state of affairs"
- · Thorndike's Cat's Behavior was More Sophisticated than Pavlov's Dogs'

## B. F. Skinner

- · Introduced A Different Paradigm
  - Not classical conditioning
  - But similar to Thorndike's theory
- · Operant Conditioning Is Intended to Explain All Behavior, Including Complex Behavior
  - All behavior is the product of reinforcement histories
  - What did you do today?
- · Operants are emitted behaviors, some of which are reinforced

## More Skinner



- · Not Welcome: Mental Talk
- Such as think, believe, plan, goal, feeling
- · Behavior is Determined, Not Chosen
  - Therefore, freedom is an illusion
  - So is dignity (virtue)
  - If behavior is programmed, then why not try to create a Utopian society?

     Walden II
- Skinner's Theory had an Enduring Impact

  - On EducationOn Child-Rearing

# Operant Conditioning in Schools

- · Encouraging Good Behavior
  - Stickers
  - Smiley Faces
  - Praise
  - Aren't these reinforcements at least partly manipulative? (means to an end)
- · Discouraging Bad Behavior
  - Extinction: "Just ignore him"
  - Withholding reinforcement

# Reinforcement and Punishment

- Reinforcement Increases the Likelihood that Behavior Will Be Repeated
  - Reinforcement is identified only by its effects
  - Want a hamburger? A hug?
- · Punishment Decreases Likelihood
- Positive and Negative Refer to Adding or Subtracting a Consequence
  - What is negative reinforcement?

## Reinforcement Schedu



- Continuous Reinforcement is Best for Starting a New Behavior
  - Reinforce every time the behavior occurs
- Variable Ratio Reinforcement is Best for Making Behavior Robust
  - Resistant to extinction once reinforcement is withdrawn
  - Slot machines, fishing
  - For education: Don't reward every time

# **Complex Behavior**



- Use Successive Approximations (Shaping)
  - Gradually raise expectations
- · Widely Used in Animal Training
  - Whales and dolphins in Sea World
- · For Humans: Behavior Modification
  - Reinforcement, M&Ms, token economies
  - Sometimes useful with behavior disorders
- · Can Reinforcement Backfire?
  - Magic Markers and the Good Player Award
  - Be careful if intrinsic motivation is already present

# One Application to Education: Programmed Learning

- · Skinner's "Teaching Machines"
  - Machine "tutors" helped shape the learner
  - Used a program of small steps
  - Now obsolete
- · Computer-Assisted Instruction
  - Many more capabilities now, of course
  - Sometimes computers present material in a Skinnerian format

# What's Wrong With Behaviorism?

- Noam Chomsky's Critique of Skinner's Book, "Verbal Behavior"
  - Language can't be learned only through reinforcement
  - The brain *must* be a built-in (innate) language capability
- · Donald Norman's Critique of Skinner's Work
  - Was operant conditioning a half-century distraction?



# Why Use a Cognitive (Thinking) Approach? • Behaviorism Does Not Address All the Important Goals of Education - It Neglects Important Learning Outcomes • Understanding, Interest, Curiosity, Confidence - It Neglects Certain Aspects of the Learner • Beliefs, Motivation, Values, Goals • It's Best to Investigate the Mind as a Real Entity, Not Treat it as an Illusion • Is There a Metaphor We Can Use?